

JANUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY! 1</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>2</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>3</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>4</p> <ul style="list-style-type: none"> • HOLIDAY
<p>7</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>8</p> <ul style="list-style-type: none"> • cheerios/educational snacks 	<p>9</p> <ul style="list-style-type: none"> • HOT green chile burrito • cinnamon raisin bagel • multigrain cheerios/educational snacks ○ orange juice available 	<p>10</p> <ul style="list-style-type: none"> • HOT egg & sausage quesadilla • blueberry muffin • corn chex/zac attack strawberry 	<p>11</p> <ul style="list-style-type: none"> • HOT omelet w/cheese • bagel w/cream cheese • multigrain cheerios/zac attack strawberry ○ orange juice available
<p>14</p> <ul style="list-style-type: none"> • zee zees cinnamon crisp bar • multigrain cheerios/educational snacks ○ orange juice available 	<p>15</p> <ul style="list-style-type: none"> • HOT pancake bowl strawberry • french toast muffin • cinnamon duo: cinnamon graham/cinnamon rumbles 	<p>16</p> <ul style="list-style-type: none"> • HOT cornbread & egg omelet • cinnamon crumble • corn chex/zac attack strawberry ○ orange juice available 	<p>17</p> <ul style="list-style-type: none"> • HOT french toast sticks • lemon muffin • corn chex/educational snacks 	<p>18</p> <ul style="list-style-type: none"> • HOT cinnamon toast bagel • yogurt parfait strawberry • cinnamon chex/zac attack apple ○ orange juice available
<p>21</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>22</p> <ul style="list-style-type: none"> • zee zees berry apple crisp bar • corn chex/educational snacks 	<p>23</p> <ul style="list-style-type: none"> • HOT cornbread & egg omelet • cinnamon crumble • cheerios/zac attack apple ○ orange juice available 	<p>24</p> <ul style="list-style-type: none"> • HOT chesy bean burrito • french toast muffin • multigrain cheerios/giant cinnamon goldfish graham 	<p>25</p> <ul style="list-style-type: none"> • HOT pancakes • bagel w/cream cheese • cinnamon chex/zac attack strawberry ○ orange juice available
<p>28</p> <ul style="list-style-type: none"> • dipperdoodle bar • corn chex/giant graham ○ orange juice available 	<p>29</p> <ul style="list-style-type: none"> • HOT pancake bowl peach • mini lemon muffins w/string cheese • multigrain cheerios/zac attack strawberry 	<p>30</p> <ul style="list-style-type: none"> • HOT pepper jack cheese & omelet gordita • zee zees cinnamon crisp bar • cinnamon chex/zac attack apple ○ orange juice available 	<p>31</p> <ul style="list-style-type: none"> • HOT french toast sticks • blueberry muffin • multigrain cheerios/educational snacks 	

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

JANUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY! 1</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>2</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>3</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>4</p> <ul style="list-style-type: none"> • HOLIDAY
<p>7</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>8</p> <ul style="list-style-type: none"> • bean & cheese quesadilla(VG) • hot dog(DF) • fiesta scoops w/three layer dip • chicken Caesar wrap ○ orangy carrots 	<p>9</p> <ul style="list-style-type: none"> • pot stickers w/not-so-fried rice • cheese pizza(VG) • sloppy joe(DF) • honey mustard chicken wrap ○ coleslaw 	<p>10</p> <ul style="list-style-type: none"> • breakfast for lunch: pancakes w/sausage • **NEW** smothered beef burrito • spaghetti marinara w/mozzarella(VG) • chicken pizza party salad ○ broccoli w/ranch 	<p>11</p> <ul style="list-style-type: none"> • tamale w/green chili & cheese(VG) • veggie chili(VG) • Italian calzoni(VG) • santa fe chile chicken wrap ○ black eyed peas & grape tomato
<p>14</p> <ul style="list-style-type: none"> • spicy popcorn chicken sandwich • chicken taco trio • cheese pizza(VG) • buffalo chicken wrap ○ chili citrus corn 	<p>15</p> <ul style="list-style-type: none"> • chicken parm pasta • cheesy ravioli(VG) • kickin chicken melt sandwich • chillin chinese chicken noodles ○ island glazed carrots 	<p>16</p> <ul style="list-style-type: none"> • cheesy pizza bite(VG) • chicken potstickers w/not-so-fried rice • hot dog(DF) • sesame chicken wrap(DF) ○ broccoli w/ranch 	<p>17</p> <ul style="list-style-type: none"> • bbq beef vegan calzoni (DF)(VG) • chicken bites • chicken alfredo • mighty meaty deli sandwich ○ cucumber & tomato salad 	<p>18</p> <ul style="list-style-type: none"> • chicken gumbo & cornbread • Italian calzoni (VG) • buffalo chicken crunchadila • southwest veggie wrap (VG) ○ black beans & baby carrots
<p>21</p> <ul style="list-style-type: none"> • HOLIDAY 	<p>22</p> <ul style="list-style-type: none"> • breakfast for lunch: pancakes w/omelet(VG) • firecracker chicken w/sesame noodles • mongolian beef • bbq chicken wrap ○ green peas 	<p>23</p> <ul style="list-style-type: none"> • cheese pizza(VG) • sloppy joe(DF) • buffalo chicken sandwich • honey mustard chicken wrap ○ green beans w/ranch 	<p>24</p> <ul style="list-style-type: none"> • kung pao chicken • spaghetti marinara (VG) • **NEW** beef nachos • mighty meaty deli sandwich ○ glazed carrots 	<p>25</p> <ul style="list-style-type: none"> • hot dog(DF) • bean & cheese quesadilla(VG) • tamale w/chili & cheese(VG) • sesame chicken wrap(DF) ○ pinto beans & grape tomatoes w/ranch
<p>28</p> <ul style="list-style-type: none"> • chicken taco trio • crispy chicken sandwich(DF) • cheese pizza(VG) • chicken salad sandwich(DF) ○ steamed carrots 	<p>29</p> <ul style="list-style-type: none"> • bbq meatballs w/cheesy rice • chicken alfredo • cheese pizza panada pie(VG) • southwest veggie wrap ○ green beans 	<p>30</p> <ul style="list-style-type: none"> • sloppy joe(DF) • cheesy pizza bite(VG) • buffalo chicken sandwich • mighty meaty deli sandwich ○ chili citrus corn 	<p>31</p> <ul style="list-style-type: none"> • cheesy ravioli(VG) • hot dog(DF) • bean & cheese quesadilla(VG) • honey mustard salad w/grilled chicken bites ○ broccoli w/ranch 	

HAPPY NEW YEAR!

REV up your 2019! We're jazzing things up for the new year with a new look & feel. Check out our meals this month to see our new packaging!



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day